





# PR3 Training Toolbox Networking Bingo

SESKAT. Development of social and emotional skills in adult training

2021-1-DE02-KA220-ADU-000035095





#### 1) NAME AND DESCRIPTION OF THE TOOL

The "Networking Bingo" activity is a dynamic and interactive tool designed to enhance networking skills by encouraging meaningful conversations and connections. Participants engage in a structured networking event where they aim to fill their bingo cards by interacting with others and discovering commonalities, fostering the development of professional relationships.

### 2) OBJECTIVES OF THE TOOL

- 1. Encourage Meaningful Conversations:
  - Facilitate conversations that go beyond surface-level introductions.
  - Encourage participants to share experiences, challenges, and aspirations.
- 2. Expand Professional Networks:
  - Provide a structured format for participants to connect with a diverse group of individuals.
  - Expand their professional networks by discovering shared interests and goals.
- 3. Develop Active Listening Skills:
  - Emphasize the importance of active listening during networking interactions.
  - Enable participants to gather valuable information about their counterparts.
- 4. Foster Collaboration and Support:
  - Create an environment where participants can offer support, insights, and collaborative opportunities.
  - Strengthen the sense of community within the networking group.

# 3) CONNECTION OF THE TOOL WITH EMOTIONAL INTELLIGENCE/SOFT SKILLS

- Empathy: Encourages participants to understand the perspectives and goals of others.
- Social Awareness: Fosters awareness of individual needs and aspirations within the professional context.
- **Communication:** Enhances communication skills through meaningful conversations.

# 4) RESOURCES & MATERIALS

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- Bingo cards with prompts related to professional experiences, skills, and aspirations.
- Pens or markers for participants to mark their bingo cards.
- Facilitator guide with instructions and discussion prompts.

### 5) IMPLEMENTATION OF THE TOOL

- 1. Introduction and Bingo Card Distribution (10 minutes):
  - Introduce the purpose of the activity: to foster meaningful connections.
  - Distribute Bingo cards to participants, each containing prompts related to professional experiences.
- 2. Networking Rounds (40 minutes):
  - Participants engage in a series of timed networking rounds.
  - Conversations are prompted by the bingo card, with participants aiming to find individuals who match the criteria.
- 3. Bingo Card Completion (20 minutes):
  - Participants mark their bingo cards as they successfully connect with others.
  - Encourage participants to exchange contact information for future collaboration.
- 4. Debrief and Reflection (15 minutes):
  - Facilitate a group discussion on the networking experience.
  - Explore commonalities discovered, insights gained, and potential collaboration opportunities.
- 5. Follow-up and Action Items (15 minutes):
  - Participants identify specific actions they can take to follow up with individuals they connected with.
  - Facilitate the exchange of contact information and any promised resources.

6) EXPECTED LEARNING OUTCOMES

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SESKAT

- •
- Improved networking skills through meaningful and purposeful conversations. Expanded professional networks by connecting with a diverse group of individuals. •
- Development of active listening skills in a networking context. •
- •
- Fostering a collaborative and supportive professional community. Identification of potential collaboration opportunities and future connections. •