#### SESKAT. Development of Social and Emotional Skills in Adult Training 2021-1-DE02-KA220-ADU-000035095



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The "Collaborative Poetry Writing" activity is designed for participants to explore their creativity and to improve their self-confidence. It will also help in the team-building process.

### **Objectives**

- · To reflect on the structure of poems
- To understandthat everyone can be able to write poems
- To enhance self-esteem and self-confidence

# Connection with Soft Skills and Emotional Intelligence

The "Collaborative Poetry" activity will help participants feel like poets, possibly for the first time in their own life. This will have an impact on their self-confidence.









#### Resources and Materials

- pictures taken from magazines
- paper
- scissors
- coloured markers or pencils
- glue



01

5 minutes: First, explain the activity and split the participants into groups. The group size can vary from 2 to 5 participants.

02

15 minutes: Every group will choose one of the pictures. They will observe it and each one of them will write different sentences or words inspired by the picture on the paper. Then they will cut out what they have written and work collaboratively to create a poem using what they had previously created individually. They will glue the papers together to compose a poem.

03

10-20 minutes: One speaker for each group will read the poem aloud to the rest of the group. Pictures and poems will be hung on the wall and celebrated.







# Learning Outcomes

Thanks to the "Collaborative Poem" activity, participants will be able to:

- Feel more self-confident
- Realise the great potential of working in groups

