



SESKAT. Development of Social and Emotional Skills in Adult Training
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Decision- Making Challenge

**SESKAT Training
Toolbox**



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Description

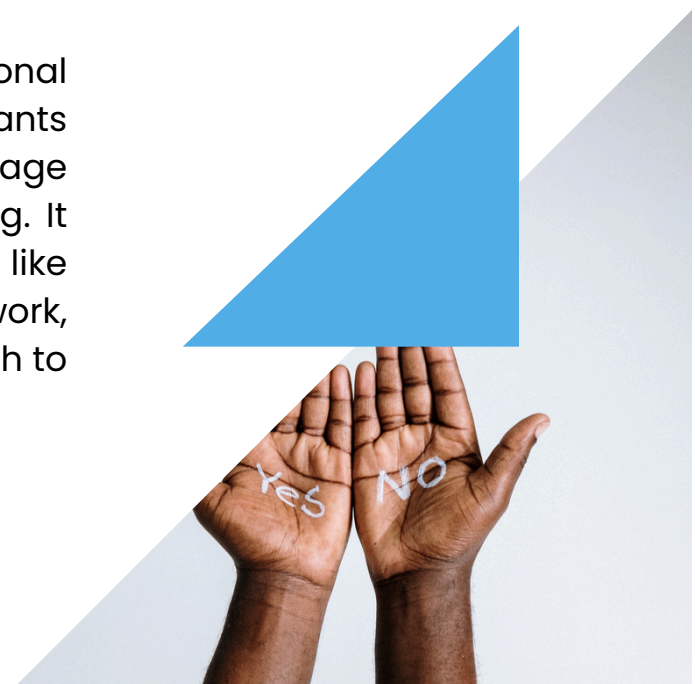
The Decision-Making Challenge is a time-efficient tool designed to improve decision-making skills among adult learners. It involves a series of interactive scenarios prompting participants to make collective choices and analyse outcomes.

Objectives

- To enhance critical thinking by presenting diverse scenarios requiring thoughtful analysis
- To promote effective communication and collaboration within groups, highlighting the value of joint decision-making
- To enable participants to make informed decisions by considering potential consequences and outcomes.

Connection with Soft Skills and Emotional Intelligence

This tool promotes emotional intelligence by requiring participants to understand and manage emotions during decision-making. It also emphasises soft skills like communication and teamwork, contributing to a holistic approach to decision-making.



Resources and Materials

- Scenario cards
- Timer
- Flipchart or whiteboard
- Cards for participants to jot down reflections on the decision-making process

Steps

01

5 minutes: Briefly explain the purpose and rules of the challenge, emphasising the significance of quick, effective decision-making.

02

10 minutes: Present the first scenario and allocate 5 minutes for groups to discuss and make decisions.

03

10 minutes: Facilitate quickgroup discussions, encouraging active participation and considering diverse perspectives.

04

5 minutes: Discuss the outcomes of each group's decisions, emphasising key consequences and lessons learned.

05

5 minutes: Provide time for individual and group reflection using reflection cards.

06

10 minutes: Repeat the process with multiple scenarios, maintaining the quick pace.

Learning Outcomes

Participants will:

- Develop improved decision-making skills, including critical thinking, collaboration, and emotional intelligence within a condensed timeframe
- Gain practical insights into the consequences of their decisions, enhancing their ability to make informed choices in time-sensitive situations.

A group, faced with a scenario involving a tight deadline, quickly learns to prioritise tasks and streamline decision-making processes. This experience enhances their ability to work efficiently under time constraints, fostering a proactive and decisive approach in real-world situations.

