

SESKAT. Development of Social and Emotional Skills in Adult Training 2021-1-DE02-KA220-ADU-000035095

## Networking Bingo

SESKAT Training Toolbox



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The "Networking Bingo" activity is an interactive tool designed to enhance networking skills by encouraging meaningful conversations and connections. Participants engage in a structured networking event where they aim to fill their bingo cards by interacting with others and discovering commonalities, fostering the development of professional relationships.



- To encourage meaningful conversations by facilitating conversations that go beyond surface-level introductions
- To expand professional networks by providing a structured format for participants to connect with a diverse group of individuals
- To develop active listening skills and emphasise the importance of it during networking interactions
- To foster collaboration and support by developing a strengthened sense of community

## Connection with Soft Skills and Emotional Intelligence

This tool encourages understanding the perspectives and goals of others. It raises awareness of individual needs and aspirations within the professional context, thus heightening communication skills through meaningful conversation.





## Resources and Materials

- Bingo cards with promptsrelated to professional experiences, skills, and aspirations.
- Pens or markersfor participants to mark theirbingo cards.





10 minutes: Introduce the purpose of the activity: to foster meaningful connections. Distribute Bingo cards to participants, each containing promptsrelated to professional experiences.



40 minutes: Participantsengage in a series of timed networking rounds. Conversations are prompted by the bingo card, with participants aimingto find individuals who match the criteria.



20 minutes: Participantsmark their bingo cards as they successfully connect with others. Encourage participants to exchange contactinformation for future collaboration.



15 minutes: Facilitate a group discussion on the networking experience. Explore commonalities discovered, insights gained, and potential collaboration opportunities.



15 minutes: Participants identify specific actions they can take to follow up with individuals they connected with. Facilitate the exchange of contact information and any promisedresources.





## Learning Outcomes

- Improved networking skills through meaningful and purposeful conversations
- Expanded professional networks by connecting with a diverse group of individuals
- Development of active listening skills in a networking context
- Fostering a collaborative and supportive professional community
- Identification of potential collaboration opportunities and future connections

